



Departmental Seminar Scheme

# Countermeasures to Human Ageing

Hosted by the School of Health and Life Sciences

**UWS** UNIVERSITY OF THE  
WEST *of* SCOTLAND

2 February, Microsoft Teams ([join here](#))



# Keynote speakers

**'Models to study muscle adaptation: *In vivo* and *in vitro* approaches'**



**Prof Claire Stewart**

Professor of Stem Cell Biology, Liverpool John Moores University  
Chair of the British Society for Research on Ageing

**'The importance of skeletal muscle function in long covid and rehabilitation'**



**Dr Gladys Pearson**

Reader of Exercise Physiology, Manchester Metropolitan University  
Director of the Research Centre for Musculoskeletal Sciences & Sport Medicine  
(MSSM)  
Physiological Society Human, Environmental & Exercise Physiology Theme Lead

## Programme

<b>09.20</b>	Welcome to the University of the West of Scotland	<b>Prof Chris Easton and Dr Lawrence Hayes</b>
<b>09.25</b>	<b>Models to study muscle adaptation: <i>In vivo</i> and <i>in vitro</i> approaches</b>	<b>Prof Claire Stewart</b> Professor of Stem Cell Biology Chair of the British Society for Research on Ageing  Liverpool John Moores University
<b>10.10</b>	Q&A	
<b>10.25</b>	Coffee break	
<b>10.30</b>	<b>The importance of skeletal muscle function in long covid and rehabilitation</b>	<b>Dr Gladys Pearson</b> Reader of Exercise Physiology Director of the Research Centre for Musculoskeletal Sciences & Sport Medicine (MSSM) Physiological Society Human, Environmental & Exercise Physiology Theme Lead  Manchester Metropolitan University
<b>10:50</b>	Q&A	
<b>11.05</b>	Closing	<b>Prof Chris Easton and Dr Lawrence Hayes</b>